



## Outpatient Surgical Procedures

### Preoperative and Postoperative Instructions

---

Our surgical coordinator will schedule your surgery. After you and the coordinator have agreed upon a surgical date, all the required documentation will be sent to the hospital. The hospital will then call you to schedule a day of preoperative testing. This testing will consist of lab work, a chest X-ray, an EKG and any other testing deemed necessary by your surgeon.

It will be your responsibility to obtain medical clearance for surgery from your own primary physician. The medical clearance must be obtained within 7 days of your surgical date and forwarded to DuPage Neurosurgery. You will be provided with a form to be filled out and returned to our office no later than 2 days prior to your scheduled surgery date.

You should stop all medications containing aspirin or other blood thinning components at least one week prior to your scheduled surgery, unless otherwise instructed by your physician.

There has been evidence that shows that certain herbal supplements may interfere with the clotting mechanisms of your blood and may interfere with anesthesia. Therefore, you should stop all herbal supplements two weeks prior to your scheduled surgery.

The day before your surgery you will be contacted by the hospital with information regarding your admission. You will be instructed on where to go and what time to report to the hospital.

The night before surgery you should eat a light dinner. You should not eat, drink, smoke, chew or swallow anything after midnight the night before your surgery unless instructed by your physician.

You should bring all recent diagnostic films that apply to your surgery with you to the hospital on the day of your scheduled procedure.

After surgery you will be recovered in the hospital recovery room and discharged later that day. You will need someone available to drive you home since you may still be drowsy from the anesthesia.

You will be given discharge instructions that will address wound care, activity restrictions, diet, specific instructions for medications, and follow-up appointments.

If you have any questions, please contact our office at 630.858.5400.